



## A prayer from The Revd Barbara Glasson

*President of the Methodist Conference*



Loving God,  
If we are ill, strengthen us.  
If we are tired, fortify our spirits.  
If we are anxious, help us to consider the  
lilies of the field and the birds of the air.

Help us not to stockpile treasures from supermarkets in  
the barns of our larders.  
Don't let fear cause us to overlook the needs of others  
more vulnerable than ourselves.  
Fix our eyes on your story and our hearts on your grace.



Help us always to hold fast to the good,  
See the good in others,  
And remember there is just one world, one hope,  
One everlasting love, with baskets of bread for  
everyone.

In Jesus we make our prayer,  
The one who suffered,  
died and was raised to new life,  
In whom we trust these days and all days,  
Amen.



# Daily Prayer during the Coronavirus outbreak



Some pointers to guide us in daily prayer through the Coronavirus outbreak.

I encourage us all, as the clock hands come together at 12noon, to put our hands together to pray together.

**What's on your heart?**

Add your own pointers for prayer... family, friends, places, situations.

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Monday	School Teachers & Support Staff, <b>Nursery Workers</b> Parents teaching their children <b>Children who are staying at home.</b>
Tuesday	Workers in transport, food distribution and essential retail <b>Essential Service workers</b> (e.g. post office, banks, refuse collection)
Wednesday	National and Local Government <b>Boris Johnson &amp; Cabinet Team</b> All MP's & Civil Servants
Thursday	Those who are Isolated or feeling vulnerable. <b>Those whose mental health is negatively impacted in this period</b>
Friday	Medical staff (e.g. doctors, nurses, hospital management and support staff) <b>Volunteers supporting the vulnerable</b>
Saturday	Emergency Services (e.g. RNLI, Police, Ambulance, Fire...) <b>Foodbanks and Soup Kitchens</b>
Sunday	Church communities & leaders <b>Faith communities</b>

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